

Infant Nutrition Questionnaire

1. Please list any current medical problems your child has: _____

2. List all past medical problems: _____

3. Please list all medications your child is currently taking: _____

4. Please list all vitamin/mineral supplements or herbs your child is currently taking:

5. Does your child experience problems with constipation or diarrhea? ___yes ___no

Eating Habits:

6. Please tell me about some of your child's eating habits:
My child gets meals from ___parents ___ daycare ___ babysitter ___ school
___ grandparent other _____.
My child has a special diet? Yes No
Type of diet _____
My child eats: baby foods infant cereal finger foods table foods
foods with textures
How many meals does your child eat a day? _____
How many snacks does your child eat a day? _____
What time of day does your child eat snacks? _____
What kind of snacks does your child like to eat? _____
Are you breastfeeding/ formula feeding or both? _____
If you are breastfeeding, how often are you breastfeeding? _____
How many minutes do you feed on each breast? _____
Does your child drink milk? If yes what kind _____
What type of beverages does your child like to drink? _____
How many cups/day does s/he drink of juice? _____
What type of water does your child drink? Tap Spring boiled
My child uses: a bottle cup
7. Please list any question you may have: _____

