

Children's Books with Food Themes

For Preschoolers:

- Carle, Eric. *Pancakes, Pancakes!*
- Carle, Eric. *The Very Hungry Caterpillar.*
- **Charles, NN, *What Am I? Looking through shapes at apples and grapes,* The Blue Sky Press, 1994.
- **Child, Lauren. *I will Never Not Ever Eat A Tomato.*
- Deegan, Bruce. *Jamberry.*
- Ericsson, Jennifer, *No Milk.*
- **Ehlert, Lois. *Eating the Alphabet.*
- Fleming, Denise. *Lunch.*
- **Krauss, Ruth. *The Carrot Seed.*
- Ehlert, Lois. *Growing Vegetable Soup.*
- Goldstone, Bruce. *The Beastly Feast.*
- Katzen, Mollie, and Henderson, Ann. *Pretend Soup and other Real Recipes: A Cookbook for Preschoolers and Up.*
- McCloskey, Robert. *Blueberries for Sal.*
- McMillan, Bruce. *Growing Colors.*
- Miranda, Anne. *To Market, To Market.*
- Morris, Ann. *Bread, Bread, Bread.*
- Reasoner, Charles. *Color Crunch.*
- Tofts, Hannah, *I Eat Fruit.*
- Tofts, Hannah, *I Eat Vegetables.*
- Sendak, Maurice. *Chicken Soup with Rice: A Book of Months.*
- Westcott, Nadine Bernard. *Peanut Butter and Jelly: A play Rhyme.*

For School-Age Children:

- **Barrett, Judi. *Cloudy with a Chance of Meatballs.* Aladdin Paperbacks, 1978.
- **Brown, Marc. *D.W. the Picky Eater,* Little Brown and Company, 1995.
- Creasy, Rosalind. *Blue Potatoes, Orange Tomatoes: How to Grow a Rainbow Garden.* Little Brown and Company, 1997 Ages 6-9.
- Dooley, Norah. *Everybody Cooks Rice.* Minneapolis: Scott Foresman, 1992.
- Falwell, Cathryn. *Feast for 10.* New York: Clarion, 1995.
- **Hoberman, Mary Ann. *The Seven Silly Eaters.* First Voyageur Books, 2000.
- Modesitt, Jeanne. *Vegetable Soup.* New York: Macmillan, 1998.
- **Jenuesse, Gallimard & de Bourgoing, Pascal. *Fruit, A First Discovery Book,* Cartweel Books, Scholastic Inc. 1989.
- **Jenuesse, Gallimard & de Bourgoing, Pascal. *Vegetables in the Garden, A First Discovery Book,* Cartweel Books, Scholastic Inc. 1989.

** Linda's favorites

For more child and feeding resources visit happyeaters.org

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